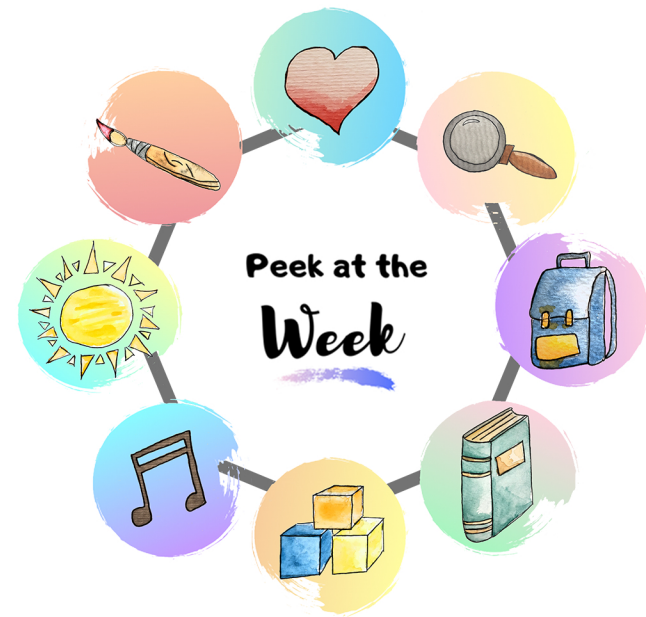


My LDS TOTSCHOOL

A DIY Toddler Playschool for Families of
The Church of Jesus Christ of Latter-day Saints



Heart Training is a focus on spiritual development. Each month has a Book of Mormon and Bible verse that provide the foundation for the theme and correlating activities.



Exploration is an open invitation for creative, hands-on learning for your toddler. New props are set out each week to introduce the new weekly theme. The exploration activity can be set up to let your child play independently or you can guide your child as desired. Exploration choices are mostly non-messy learning activities that can typically be contained to a tray if desired.



This is a practice opportunity to guide your growing toddler in being independent with basic life skills.



A toddler friendly book is suggested to go along with each weekly lesson. Feel free to choose the weekly recommended book or choose any other loved book for you and your child to spend time reading together! You may wish to designate a special bag to be your child's tot time book bag to store, replace, or add new books each week.



Mama+Toddler play ideas related to our weekly goals are incorporated for memory-making, learning, and fun.



Each week features a song and/or fingerplay that corresponds with the weekly theme.



Each week includes an activity to do outdoors with your toddler. Fresh air and sunshine are beneficial for wellness year round.



Each week includes engaging projects for you and your child to enjoy together as you encourage fine motor development, sensory experiences and creative expression in your toddler.