



# Come Follow Me <sup>Preschoolers</sup> 2021

Each weekly lesson consists of four main parts.

1. Family Target Objective
2. Let's Study Together
3. Let's Sing Together
4. Let's Play Together



Each lesson can be completed in one sitting or spread throughout different nights of the week.

This year to add extra excitement to our Come Follow Me learning, my family painted a simple unfinished wooden mailbox. When we are ready for a Come Follow Me lesson, the activity lesson plan and any needed materials will be inside the box for my children to take out.

## WEEK OF: APRIL 5

Doctrine & Covenants 30-36



### Family Target Objective:

We can share the gospel of Jesus Christ.



### Let's Study Together:

D&C 33:8-10

Invite your child to open her mouth each time the verses read “open your mouths.” Talk about how hard it would be to teach the message that Heavenly Father and Jesus love us if we had to keep our lips sealed tight. Ask your child why she thinks Heavenly Father wants us to open our mouths and share the gospel with others. Can young children as well as teenagers and adults and grandparents all share the gospel of Jesus Christ?



### Let's Sing Together:

Sing “I Hope They Call Me on a Mission,” Children’s Songbook, 169.

Use a ruler or two as props for teaching your child how tall she will be when she grows a foot or two. Let your child explore with the ruler on her body (above her head, under her foot, past her hands, etc) as you sing the song.



### Let's Play Together:

Set out different items for your child to touch that vary in hardness such as a stuffed bear, a sponge, play dough, and a rock. As your child touches them, read Doctrine and Covenants 33:12-13 to find out how the Lord describes His gospel. Identify that out of the objects you presented, the rock is the word used in the scriptures to describe the gospel of Jesus Christ. Why is a rock a good word to describe the gospel?



## WEEK OF: APRIL 12

Doctrine & Covenants 37-40



### Family Target Objective:

We will learn what it means to “be one.”



### Let's Study Together:

Read D&C 38:25 and D&C 38:27

The Lord wanted the early members of The Church of Jesus Christ of Latter-day Saints to gather in a state called Ohio. Jesus wanted the people to get along with each other and treat each other as they would like to be treated. He wanted them to work together as a team of Jesus followers.

In the scripture we read it says to “be one.” Count each family member one by one. “We are each our own person and each of us is very special and important. Together we make up one family. There are many good people who belong to The Church of Jesus Christ of Latter-day Saints. We are all members of one church and try to live as Jesus wants us to live by making good choices.” Draw a large number one on a paper. Let each family member write his/her name inside the number one and draw a picture of him/herself. Chat about ways you are doing great being united as a family and ways you might practice being more “one” as a family.



### Let's Sing Together:

“Jesus Said Love Everyone,” Children’s Songbook, 61.

If desired, cut a heart out of red paper for your child to sway with or color as you sing.



### Let's Play Together :

 Read Doctrine and Covenants 39:6,

Set out some objects for your child to touch that represent the Holy Ghost. Ideas: A shell because if we listen carefully we can hear the Holy Ghost as a quiet feeling in our minds and hearts. A flashlight because the Holy Ghost can guide us on the right path. A blanket because the Holy Ghost comforts us when we feel sad, lonely, or worried and helps us feel a warm peace in our hearts. A pencil because the Holy Ghost helps us to learn things. A bandaid because the Holy Ghost protects us from danger.



## WEEK OF: APRIL 19

Doctrine & Covenants 41-44



### Family Target Objective:

We are happy when we obey the Lord.



### Let's Study Together:

Read D&C 42:2.

Print the interactive coloring page "I am happy when I obey the Lord" from Doctrine and Covenants 2021 Primary here:

[https://www.churchofjesuschrist.org/bc/content/shared/content/images/gospel-library/manual/PD60007744/PD60007745\\_000\\_wk17.pdf](https://www.churchofjesuschrist.org/bc/content/shared/content/images/gospel-library/manual/PD60007744/PD60007745_000_wk17.pdf)



### Let's Sing Together:

"I Want to Live the Gospel," Children's Songbook, 148.

Use pat-a-cake type hand motions as you sing for your child to imitate with a pat/clap repeating motion rolling your hands on the long beats.



### Let's Play Together :

Watch the video "Pass It On" (ChurchofJesusChrist.org) and emphasize the comment that we are the Lord's hands here on the earth. We can help one another no matter how young or old we are. Help your child use his hands to serve in some way, maybe helping spray and wipe the kitchen table or help stir dinner, etc.



## WEEK OF: APRIL 26

Doctrine & Covenants 45



**Family Target Objective:** We don't need to worry, because God is in control.



### Let's Study Together:

D&C 45:32, 35

Print a picture of your home, a picture of your church building, and a picture of your closest temple. Tape them up around the room. Let your child run around the room and touch each "holy place" as you read the two scripture verses.



### Let's Sing Together:

"When He Comes Again," Children's Songbook, 82-83.

Bake a simple cookie recipe. As the cookies bake in the oven, sing the song. Watch through the closed oven door with the oven light on to see signs that the cookies will be ready to eat soon. What are we doing to watch for the Savior's coming?



### Let's Play Together :

We believe that Jesus will come again. When Jesus died and was resurrected, He promised He would come again. Jesus didn't tell us when He would come, but the scriptures tell us it will be a very special day. Jesus will be our King. We can prepare each day to meet Him.

Give your child a container of playdough to form into a little light as you tell the story of the 10 virgins. A picture of an oil lamp might be fun to replicate with some help.

"In our Bible, Jesus told us a story about ten young women. The women were invited to a wedding dinner. They had to wait for the bridegroom, the man getting married, to let them in, but none of them knew when he would come to open the door. The young women brought oil-burning lamps to give light so they could see. Five of the women were wise and brought extra oil so their lamps would last a long time. The other five women were foolish and only brought a little oil. Before the door was opened, the oil in all the lamps burned away. The 5 wise women had extra oil to lite. The other 5 had to leave to buy more oil. When they returned, the door had already been opened and the wise, prepared women had already entered, then the door closed again. So the 5 foolish women who were unprepared did not get to go into the wedding. Jesus is like the bridegroom. We don't know when He will come. But we can be prepared like the 5 wise women and be ready and happy to meet Jesus when He comes. Each good choice we make to follow Jesus is like adding oil to our lamps to keep them bright. What good choices do you make?"