



Come Follow Me ^{Preschoolers} 2021

Each weekly lesson consists of four main parts.

1. Family Target Objective
2. Let's Study Together
3. Let's Sing Together
4. Let's Play Together



Each lesson can be completed in one sitting or spread throughout different nights of the week.

This year to add extra excitement to our Come Follow Me learning, my family painted a simple unfinished wooden mailbox. When we are ready for a Come Follow Me lesson, the activity lesson plan and any needed materials will be inside the box for my children to take out.

WEEK OF: JUNE 7

Doctrine & Covenants 63



Family Target Objective:

Things that come from God are special.



Let's Study Together:

D&C 63:64

Play this simple game from Come Follow Me Primary as a family. All you need are two dice! The game helps us identify things we should treat with reverence.

https://www.churchofjesuschrist.org/bc/content/shared/content/images/gospel-library/manual/PD60007744/PD60007745_000_wk24.pdf



Let's Sing Together:

“Reverently, Quietly,” Children’s Songbook, 26.

Sing the song through in a whisper.

Sing it again putting a finger to your lips each time the word “quietly” is repeated in place of singing.

Explain reverence doesn't mean being quiet. Reverence is love for God. Sometimes when we are quiet and still it helps us to feel the love of Heavenly Father and Jesus.

Hum the song together as you march around your home identifying pictures or places that help your home to feel reverent such as where you gather for prayer or a picture of Jesus or the temple.

(continued on the next page)



WEEK OF: JUNE 7

Continued....

Doctrine & Covenants 63



Let's Play Together :

Watch the sing-along video "I'm Trying to Be Like Jesus."

<https://www.churchofjesuschrist.org/media/video/2017-07-0130-im-trying-to-be-like-jesus?lang=eng&collectionId=14f6243257274569195337853e82b928ce7cdea1>

Have your child help fill in the blank to the open statement, "I can be like Jesus when..."
Chat about situations when your child can follow Jesus. Ideas: something special to do the year you turn 8, what Jesus would want you to do if you see a picture with someone not wearing enough clothes, how we should act during the sacrament on Sundays, etc.

WEEK OF: JUNE 14

Doctrine & Covenants 64-66



Family Target Objective:

We should forgive one another.



Let's Study Together:

D&C 64:9

Jesus tells us to forgive. When we forgive someone it helps us to feel peaceful and happy.

Read this cute little story for little friends in The Friend Magazine.

<https://media.ldscdn.org/pdf/magazines/friend-april-2019/2019-04-0033-a-new-block-tower-eng.pdf>

Get out some blocks and role play forgiving one another for bumping into or knocking over a tower.



Let's Sing Together:

"Help Me, Dear Father," Children's Songbook, 99.

Hold hands as a family as if playing ring-around-the-rosie as you listen to/sing the song together. At the end of each verse fall down together.

(continued on the next page)



WEEK OF: JUNE 14

Continued....

Doctrine & Covenants 64-66



Let's Play Together :

Set up an object lesson about being spiritually clean. Create a faux dirty plate by rubbing some kitchen items such as ranch dressing, ketchup and jelly on half of the plate. Then pour some crackers on top. Yuck! Serve the dirty plate to your family. No, thank you!

Read D&C 66:3. Explain when we make wrong choices and want to be clean again, Jesus can help us to repent! Let your child help wash the plate off with water and soap so it's clean again. Talk about how Jesus can make us clean again when we make wrong choices. We can say we are sorry and not make the wrong choice again. We can pray to Heavenly Father to tell Him we are sorry for making a wrong choice and ask for His help to be good. Pour a clean snack on top of the newly washed and dried plate.

WEEK OF: JUNE 21

Doctrine & Covenants 67-70



Family Target Objective:

Our scriptures are worth more than all the riches of the whole Earth.



Let's Study Together:

D&C 68:6

Let your child shake some coins in and out of a jar as you teach a mini lesson. Explain the coins can buy things on earth but our scriptures are worth more than all the riches of the whole Earth. Hold up your Old Testament and explain that prophets from long ago testified that Jesus would be born on the Earth. Next show the New Testament and explain how these pages teach us about when Jesus was born on the Earth and taught us how we should live by His example. Then show the Book of Mormon and testify that this book teaches about Jesus and has true stories of Jesus visiting the Earth. Lastly, show the Doctrine & Covenants and explain these pages have special revelations given to Joseph Smith from Jesus that are printed into this book. Have your child repeat the words, "Our scriptures are worth more than all the riches of the whole Earth because they teach us about Jesus."



Let's Sing Together:

"When I Am Baptized," Children's Songbook, 103

(continued on the next page)



WEEK OF: JUNE 21

Continued....

Doctrine & Covenants 67-70



Let's Sing Together (continued):

Read D&C 68:25, 27

Use the printable below (from Angela Chin shared on the Latter-day Saint Primary Music Leaders Facebook page) to point to the images as you sing the song.



Let's Play Together :

Read Doctrine and Covenants Stories Chapter 24



Invite your child to lead the family in a simple game of follow-the-leader. Then, take some pieces of construction paper and invite your family to brainstorm things that help lead us to our Savior. Write each idea down on a piece of paper. Ideas: singing Primary songs, reading scriptures, following the prophet, sharing our testimonies, going to church, praying, visiting the temple, etc. and let your child line up the papers to make a path leading to a picture of Jesus. Play follow the leader again stepping on the pieces of paper leading us to Jesus.



WEEK OF: JUNE 28

Doctrine & Covenants 71-75



Family Target Objective:

Jesus will always win in the end!



Let's Study Together:

D&C 71: 9, 11

Create a small obstacle path for your child to pass through. You might include a row of pillows to jump over, a blow dryer or fan to walk by, a table to crawl under, a rolled up blanket to balance walk on, and a chair to climb over. Teach that in life we have hard times and people are going to say things that are unkind, but if we keep following Jesus and teaching others about Him, Jesus will help us to win in the end.



Let's Sing Together:

"When We're Helping," Children's Songbook, 198.

Sing the song with different actions, such as sweeping, cleaning up toys, watering plants, helping make dinner.

Read D&C 74:7

Explain little children are so special to Jesus. Jesus is so proud of His little children as they help others.



Let's Play Together :

Read D&C 75:3.

Play a game where you do a task sloppily and lazily and then role play redoing the task without being idle and working hard with all your might. Idea: Pretend to wash the dishes (or actually do it!) first lazily really slowly and complaining and not using soap. Then try again working efficiently the right way. Explain we do our best work when we are serving the Lord.