

Each weekly lesson consists of four main parts.

- 1. Family Target Objective
- 2. Let's Study Together
- 3. Let's Sing Together
- 4. Let's Play Together



Each lesson can be completed in one sitting or spread throughout different nights of the week.

This year to add extra excitement to our Come Follow Me learning, my family painted a simple unfinished wooden mailbox. When we are ready for a Come Follow Me lesson, the activity lesson plan and any needed materials will be inside the box for my children to take out.

WEEK OF: JANUARY 18

Doctrine & Covenants 3-5

Target Objective: I can choose the right even when others try to get me to do wrong.



Let's Study Together: Read D&C 5:10. Hide a picture of Joseph Smith for your family to find as you give them clues for hot and cold as they get near and far. Hold up your scriptures and point out the Book of Mormon and also the Doctrine and Covenants. Explain God gave us these scriptures through Joseph Smith. Read D&C 4:1. What marvelous works have been brought forth? (Temples, missionaries, the Book of Mormon, etc.)

Watch the story of Martin Harris and the missing pages from chapter 4 of Doctrine and Covenants Stories here: <u>https://www.churchofjesuschrist.org/study/manual/come-follow-me-for-primary-doctrine-and-covenants-2021/04?lang=eng</u>

Chat about the beautiful life lesson to discover it's far more important to fear God than man and why God is the one we need to please and worship over anything or anyone else. How would we live our lives if we were trying to please those in the world?



Let's Sing Together: "I Will Be Valiant," Children's Songbook, 162.Play a hand clap game as a family as you sing.View an example here: <u>https://www.youtube.com/watch?</u> <u>app=desktop&v=TB34ekWmIXg</u>



Let's Play Together: Use painter's tape to map out a fun crooked path for your family to walk on that has a dead end and also a clean straight path that ends at a picture of Jesus or the temple. Read D&C 3:1-3. What does it mean for our family to know that God's paths are always straight?



WEEK OF: JANUARY 25

Doctrine & Covenants 6-9



Target Objective: The Holy Ghost speaks to us.

Let's Study Together: Recap the story of Oliver Cowdery's vision of the gold plates as an answer to sincere prayer found here: <u>https://www.churchofjesuschrist.org/study/manual/come-follow-me-for-primary-doctrine-and-covenants-2021/05?lang=eng</u>.

Read D&C 8:2 and D&C 9:8. Model how to point to your mind and heart as you read. Testify of ways you feel the Holy Ghost. Invite family to share any experiences if desired.



Let's Sing Together: "Dare to do Right," Children's Songbook, 158Use the darling printable from iheartprimary as little props to sing through the song a couple of times. Link <u>here</u>.

Create a truth or dare die covering a simple 6-sided board game die with office stickers or painter's tape. Or use a square box. Mark each side with the word "truth" or "dare." If "dare," is rolled, sing the song "Dare to do Right." If "truth" is rolled, the family member can testify of something they hope to be true.



Let's Play Together : Use string, tape, and scissors for each child to create a sheep necklace from the CFM Primary manual:

<u>https://www.churchofjesuschrist.org/bc/content/shared/content/images/gospel-library/manual/PD60007744/PD60007745_000_wk5.pdf</u>

Talk about how brave Joseph Smith and Oliver Cowdery were to be working hard on translating something that others bullied them for and mocked didn't really exist. They were also very poor and trading the gold plates would have given them a lot of money, but they knew the blessings of restoring Jesus' true church on the earth were far greater than money.

Have your child repeat, "With the Savior's help, I don't need to be afraid." Read D&C 6:34 and D&C 6:36.

Pretend to be a flock of sheep. Testify that Jesus watches over us like a good shepherd watches over his sheep. Because Jesus loves us, we don't need to be afraid. Ask your children what things might frighten a flock of sheep. Perhaps a wolf? A thunderstorm? Invite one child to role play a shepherd comforting and gathering the scared flock of sheep. What are we sometimes afraid of? Testify that Jesus can calm our fears. We can look unto Jesus and He will protect us.